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| Month | Course Name | Course Info | Target Audience | Date (s) | Location | Duration |
| July 17 | Digital Media Camp | Minecraft, Film, Game Design 3D Animation | 5-8years old | **17th-20th**  **July 9.30-3.30** | ICTU  45/47 Donegall Street Belfast BT1 2FG | **4 days**  **Limited spaces** |
| July 17 | Digital Media Camp | Minecraft, film, Game Design, 3D Animation | 9-14 years old | **24th – 27th July**  **10.00-3.30** | ICTU  45/47 Donegall Street Belfast BT1 2FG | **4 days**  **2 spaces left** |
| July 17 | English for Education | To provide information and assess need in relation to education and families | Adults from M.E groups | **17th July-21st July**  **10am-1pm** | ICTU  45/47 Donegall Street Belfast BT1 2FG | **1 full week**  **3 hours per day** |
| July-  Aug 17 | Community  leadership | To be active participates within their own community | Adults | **17th July-21st Aug**  **7-9pm** | ICTU  45/47 Donegall Street Belfast BT1 2FG | **6 weeks 2 hours per week** |
| Sept-  Oct 17 | English for Life (Health) | Provide information and assess need in relation to health and families | Adults | **18th Sept – 23rd Oct**  **10am-12noon** | ICTU  45/47 Donegall Street Belfast BT1 2FG | **6 weeks 2hours per week** |
| Sept-Oct 17 | Bend don’t Break | Building resilience, feeling positive,  accessing support | Adults | **12th Sept-17th Oct**  **10am-12noon** | Youth Justice Agency – Waring St. Inspire 4th Floor | **6 weeks**  **2 hours per week** |
| Oct-Nov 17 | Creative Arts | To encourage users to explore their creativity through art based workshops such as wood-crafts, wood carving, garden furniture and many more | Adults | **27th Sept-1st Nov**  **10am-12noon** | Conway Mill, Falls Road, Belfast | **6 weeks**  **2 hours per week** |
| Nov-  Dec  17 | Dealing with change and building inner resilience | Change happens to all of us, it’s how we deal with the change that can impact on the outcomes | Adults | **7th Nov- 12h Dec**  **10am-12noon** | BURC  4-6 Donegall street place | **6 weeks 2 hours per week** |
| Nov-  Dec  17 | Communication Skills | Apply communication skills relevant to work, social and personal dev | Adults | **6th Nov- 11th Dec**  **7-9pm** | BURC  4-6 Donegal street place | **6 weeks 2 hours per week** |

We would like to welcome you to our Routes to Resilience (R2R) Training Calendar July 17-Dec 17. Please note that all courses are **FREE and have limited spaces; however we do require all participants to register onto the Routes to Resilience Programme (if they haven’t done so already) and to register onto a programme of their choice details below.**

1. To register for the Routes to Resilience programme please contact: Aiveen OR Aisling on **02890961111** or email: [Aiveen.kavanagh@burc.org](mailto:Aiveen.kavanagh@burc.org) [aisling.cartmill@burc.org](mailto:aisling.cartmill@burc.org)
2. If you are already registered on the Routes to Resilience Programme and would like to register on any of the courses please contact Eileen Millar on **0289096111**1 or email [Eileen.millar@burc.org](mailto:Eileen.millar@burc.org)

**Closing dates to register for the following programmes are:**

* Digital Media Camp: **7th July (Limited spaces left)**
* English for life ( Education): **7th July**
* Community Leadership: **7th July**
* English for life (Health): **8th September**
* Bend don’t break: **6th September**
* Creative arts: **18th September**
* Dealing with change and building inner resilience: **27th October**
* Communication Skills: **27th October**